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## **Information Sheet**

### ***Fall Monitor2 Chair or Bed Exit Alarm to suit Nurse Call System***

**Catalogue Number: FMA2-MON2**

The Sensor Pads come in two sizes – a 75cm long strip above mattress bed pad and the smaller 35cm chair pad (pictured). The pad is placed on the bed or chair under the patient. When the patient gets up the pad will trigger an alarm that alerts the nurse or carer.

Using the alarm interface, the Sensor pad can be plugged directly into many nurse call systems. In some cases we can supply a double adaptor that allows the nurse call pendant to plug in as well. Either pressing the call button or exiting the bed/chair will trigger the nurse call alert.



#### **Setting up Chair Pad:**

1. Place the Chair Sensor Pad on the centre of the chair seat. If desired, cover the pad with a rug or water proof – this will both protect and disguise the pad
2. Run the lead from the pad to the back of the chair, under or between the chair cushions out of sight if possible
3. Plug the lead from the Chair Sensor Pad into the alarm interface
4. Secure the alarm interface to the back of the chair if possible

#### **Setting up Bed Pad:**

1. Place the Bed Sensor Pad across the bed at about kidney level - on top of the mattress, under the waterproof and bedding
2. Run the lead from the pad to the bed head under the edge of the mattress out of sight if possible
3. Plug the lead from the Bed Sensor Pad into the alarm interface
4. Secure the alarm interface to the bed head if possible

#### **Setting up Alarm Interface:**

1. Fit 3 x AAA Alkaline Batteries to the Alarm Interface
2. Turn the Alarm Interface on with the small 'ON OFF' switch
3. Plug in the sensor pad and secure the interface as above
4. Plug the lead from alarm interface into the Nurse Call System call point.
5. Test operation by pressing on the on the pad – the interface should give 2 short beeps then flash every 3 seconds
6. Remove pressure from the pad and the alarm will be triggered – after the delay time (see below)  
During alarm the interface will flash 3 times each 3 seconds and the unit will start beeping (The beeping can be disabled if required, see below)
7. The Nurse call will be activated
8. Reset the system by pressing the reset button on the Alarm Interface then cancel the nurse call system alarm in the normal way

## **Fall Monitor2 Chair or Bed Exit Alarm to suit Nurse Call System**

### **Operation:**

1. Press and HOLD the 'Pause' button for 2 seconds till alarm light starts flashing  
– this will disable the alarm while staff settle patient in the bed
2. Activate monitoring by pressing the 'Pause' button again  
- the interface will flash every 3 seconds when the monitor is active
3. When the patient rises from the pad the alarm will be activated
4. Reset the system by pressing the reset button on the Alarm Interface then cancel the nurse call system alarm in the normal way

### **Settings and Maintenance:**

- The Alarm Interface has a 'Low battery' warning. Replace when necessary, with NEW Alkaline AAA batteries
- **Optional 9VDC Plug pack supply also available from Technical Solutions Australia**
- Take care of your Sensor Pad. Do not fold, as this will destroy the Sensor  
Store flat do not roll. Avoid placing sharp objects on pad
- The beeper in the Alarm Interface can be disabled by turning on the 'Mute' switch inside the battery cover
- The beeper volume can be adjusted with the 'Volume' switch inside the battery cover
- The Delay Setting can be adjusted inside the battery compartment, use a match stick or small screw driver to adjust the two small switches. This sets a delay time between coming off the pad and triggering the alarm. The delay can be set at 0, 1, 5 or 15 seconds. If you are getting false alarms from a restless sleeper moving about in bed, try setting a longer delay